

Specimen Preparation and Shipping for Genetic Testing at the Utah Genome Depot

If your doctor or testing laboratory has materials for shipping blood, you may use them. If you require shipping materials, they can be mailed to you (\$5 will be added to your bill).

You are responsible for the costs of drawing and shipping the blood.

1. Please print out the [billing information form](#) and be sure to include it with your sample.
2. Please print out this page and take it to your doctor or testing laboratory

Phlebotomy instructions for the doctor or testing laboratory

Please proceed as follows:

- Fill out the accompanying billing information on the requisition form.
- Have the patient sign and date the billing information form in the appropriate space.
- Copy the form for your records and send the original back with the blood samples.
- Please draw at least one tube for each participant (8.5ml Yellow top ACD tube or 4.5ml Lavender top EDTA tube).
- Immediately after filling the tubes, invert them several times to prevent clotting.
- Label each tube with the individual's name, date of birth, sex and the date collected.
- Please, review the Federal Express Packaging requirements.
- Ship the blood at room temperature. **DO NOT SHIP ON DRY ICE.**
- Ship the package via Federal Express no later than 2:00 pm on the date of collection to ensure next day delivery. **DO NOT SHIP** on Friday as our offices close for the weekend. (The Toll-free number for Federal Express in the United States is 1-800-238-5355 and from outside the U.S., the International number is 1-800-247-4747.)

Shipping address:

Diane Dunn
15 North 2030 East
EIHG Building 533, Room 2260
The University of Utah
Salt Lake City, UT 84112 (801) 585-3436

